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prof. dr. Pim Cuijpers

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Personal profile

Personal information

Pim Cuijpers is Professor of Clinical Psychology at the Vrije Universiteit Amsterdam (The Netherlands), and Director of the WHO Collaborating Centre for Research and Dissemination of Psychological Interventions. Pim Cuijpers is specialised in conducting randomised controlled trials and meta-analyses on prevention and psychological treatments of common mental disorders. Much of his work is aimed at prevention of mental disorders, psychological treatments of depression and anxiety disorders, and Internet-delivered treatments. He has also published on a broad range of subjects in the field of clinical psychology, including psychoeducational treatment and early interventions, psychotic disorders, caregivers of dementia patients and bibliotherapy. Pim Cuijpers has published about 1,100 peer-reviewed papers, chapters, reports and professional publications, including more than 850 papers in international peer-reviewed scientific journals (more than 175 as first author). According to Clarivate Analytics, he is one of the "most influential scientific minds" and is listed since 2014 in the "top 1% cited

scientists in the area of psychiatry and psychology" (<http://highlycited.com>). According to [Expertscape](#), an organisation that ranks researchers by their expertise in biomedical topics, professor Cuijpers is the world's number one top expert on research on psychotherapy, and he is also in the top three of experts on depression.

Pim Cuijpers is appointed as Editor of the *Journal of Consulting and Clinical Psychology* beginning with Issue 1 of Volume 91. He is also associate editor of *Clinical Psychological Science* and Deputy Editor of *Depression & Anxiety*. In 2018 he received the *Distinguished Research Career Award* from the *Society for Psychotherapy Research*

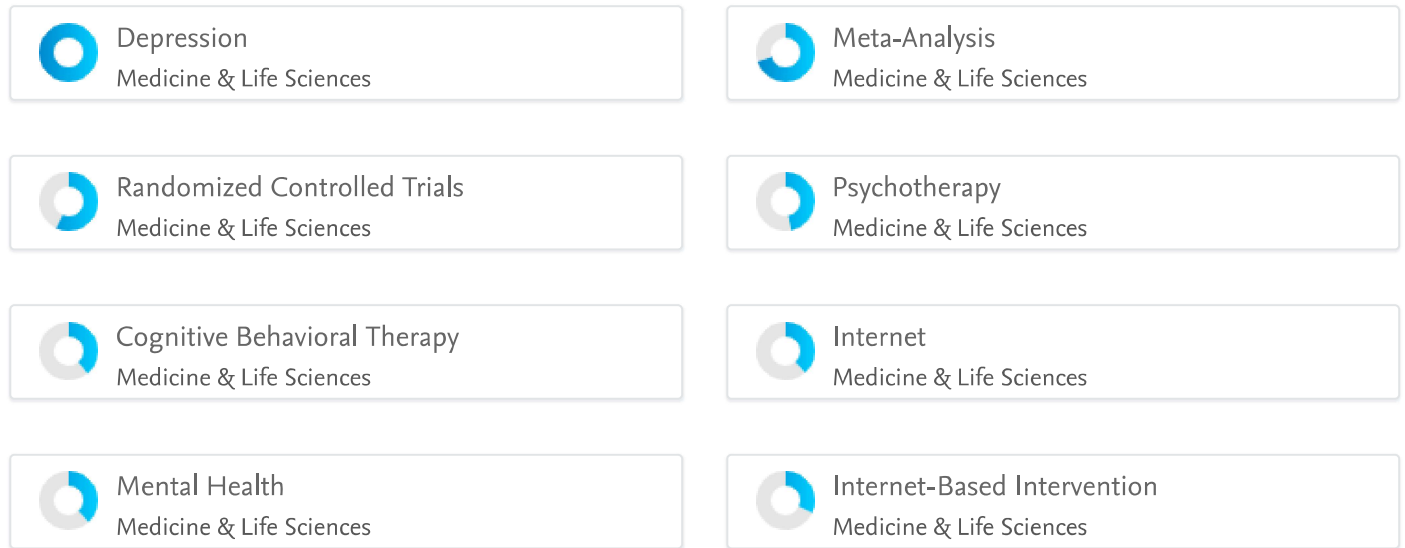
You can read his [publications in Pubmed](#) or visit his page on [Researchgate](#)

Ancillary activities

- NPGV (Stichting Protestants Fonds voor de Geestelijke Volksgezondheid) | Amsterdam | Bestuurder | 2011-01-01 - present
- Member of the Steering Committee of the DEPRESSD Registry | Toronto | Adviseur | 2014-01-01 - present
- Member of the Scientific Advisory Board of the MYRIAD project | Oxford University, Oxford | Adviseur | 2015-10-01 - 2023-03-31
- Advisor of the project "Integrated therapist and online CBT for depression in primary care" | University of Bristol | Adviseur | 2016-04-01 - 2022-03-31
- Member of the Advisory Board of the PRIDE project (PREmlum for aDoLEscents) | Harvard University, Boston | Adviseur | 2016-10-01 - 2022-09-30
- Member of the Advisory Board of the NEON project | University of Nottingham, Nottingham | Adviseur | 2017-04-01 - 2023-03-31
- CO-PI of the project "Translating evidence-based psychological interventions for older adults with depression and anxiety" | Macquarie University, Sydney | Adviseur | 2018-01-01 - 2023-12-31
- Member of the International Advisory Board of the Centre of Research Excellence PREMISE CRE | University of New South Wales, Sydney | Adviseur | 2018-01-01 - 2023-12-31
- Member of the Lancet commission on depression, World Psychiatric Association and the Lancet | London | Adviseur | 2018-01-01 - present
- Member of the Scientific Advisory Committee of Appalachian Mind Health Initiative | West Virginia University | Adviseur | 2018-01-01 - present
- Member of the Scientific Advisory Board "GET Sleep - Stepped care model for the treatment of insomnia" | University of Freiburg, Freiburg | Adviseur | 2019-10-01 - 2023-09-30
- Member of the Science Council of the EMPOWER project, Harvard University | Boston | Adviseur | 2020-04-01 - present
- European Science Foundation College of Expert Reviewers | Brussels | Adviseur | 2021-01-01 - present
- Associate Editor of *Clinical Psychological Science*, Association for Psychological Science | Washington DC | Associate editor | 2021-01-01 - present
- Deputy Editor of *Depression and Anxiety*, Anxiety & Depression Association of America | Washington DC | Deputy Editor | 2021-01-01 - present
- Co-chair of the Expert group of WHO Europe to identify gaps and solutions to the mental health impacts of COVID-19 | WHO Europe, Copenhagen | Adviseur | 2021-02-23 - 2023-02-23
- Member of the update of the WHO mhGAP treatment guideline development panel | WHO, Geneva | Adviseur | 2021-07-01 - 2022-10-01
- Member of the Scientific Advisory Group (SAG) "Improving Adolescent mental health by reducing the Impact of PoVErty (ALIVE)" | King's College London | Adviseur | 2021-10-10 - 2026-10-10
- Editor of the *Journal of Consulting and Clinical Psychology*, American Psychological Association | Washington DC | Editor in Chief | 2022-01-01 - 2027-12-31

Ancillary activities are updated daily

Dive into the research topics where Pim Cuijpers is active. These topic labels come from the works of this person. Together they form a unique fingerprint.



[View full fingerprint >](#)

Research output

[Back2Action: effectiveness of physiotherapy blended with eHealth consisting of pain education and behavioural activation versus physiotherapy alone-protocol for a pragmatic randomised clinical trial for people with subacute or persistent spinal pain](#)

Bijker, L., De Wit, L., Cuijpers, P., Poolman, E., Scholten-Peeters, G. & Coppieters, M. W., 7 Jan 2022, In: *BMJ Open*. 12, 1, p. 1-10 10 p., e050808.

Research output: Contribution to Journal > Article > Academic > peer-review

 Open Access

 Pragmatic Clinical Trials  Telemedicine  Randomized Controlled Trials  Education  Pain

[Clinical response to SSRIs relative to cognitive behavioral therapy in depression:a symptom-specific approach](#)

Boschloo, L., Hieronymus, F., Cuijpers, P. & ICECA Work Group, Feb 2022, In: *World Psychiatry*. 21, 1, p. 152-153 2 p.


Research output: Contribution to Journal > Letter > Academic > peer-review

 Open Access

[Effectiveness of a WHO self-help psychological intervention for preventing mental disorders among Syrian refugees in Turkey: a randomized controlled trial](#)

Acarturk, C., Uygun, E., Ilkkursun, Z., Carswell, K., Tedeschi, F., Batu, M., Eskici, S., Kurt, G., Anttila, M., Au, T., Baumgartner, J., Churchill, R., [Cuijpers, P.](#), Becker, T., Koesters, M., Lantta, T., Nosè, M., Ostuzzi, G., Popa, M., Purgato, M. & 9 others, , Feb 2022, In: World Psychiatry. 21, 1, p. 88-95 8 p.

Research output: Contribution to Journal > Article > Academic > peer-review

 Open Access

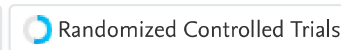
    

Group problem management plus (PM+) to decrease psychological distress among Syrian refugees in Turkey: a pilot randomised controlled trial

Acarturk, C., Uygun, E., Ilkkursun, Z., Yurtbakan, T., Kurt, G., Adam-Troian, J., Senay, I., Bryant, R., [Cuijpers, P.](#), Kiselev, N., McDaid, D., Morina, N., Nisanci, Z., Park, A. L., [Sijbrandij, M.](#), Ventevogel, P. & Fuhr, D. C., Dec 2022, In: BMC Psychiatry. 22, 1, p. 1-11 11 p., 8.

Research output: Contribution to Journal > Article > Academic > peer-review

 Open Access

Increasing the Impact of Prevention of Depression - New Opportunities


[Cuijpers, P.](#) & Reynolds, C. F., Jan 2022, In: JAMA Psychiatry. 79, 1, p. 11-12 2 p.

Research output: Contribution to Journal > Editorial > Academic > peer-review

[View all 920 research outputs >](#)

Projects

Projects per year 

2017 – 2022

STRENGTHS: Fostering responsive mental health systems in the Syrian refugee crisis

[Cuijpers, P.](#), [de Graaff, A.](#), [Sijbrandij, M.](#), [Alözkan Sever, C.](#) & [Patanè, M.](#)

1/01/17 → 30/06/22

Project: Research

Activities

[Preferred questionnaires to measure depression, anxiety and somatization in patients with musculoskeletal pain – A modified Delphi study.](#)

[Wendy Scholten-Peeters](#) (Speaker), [L. Bijker](#) (Speaker), [M.L.S. Koehorst](#) (Speaker), [Pim Cuijpers](#) (Speaker) & [M.W.J. Coppieters](#) (Speaker)

8 Dec 2018

Activity: Lecture / Presentation › Professional

[Measuring fear of movement, coping, self-efficacy and catastrophizing in patients with musculoskeletal pain – A modified Delphi study.](#)

[Marije L S Sleijser-Koehorst](#) (Speaker), [L. Bijker](#) (Speaker), [Pim Cuijpers](#) (Speaker), [Wendy Scholten-Peeters](#) (Speaker) & [M.W.J. Coppieters](#) (Speaker)

7 Apr 2018

Activity: Lecture / Presentation › Professional

[Blended behandeling van depressie](#)

[L. Kooistra](#) (Speaker), [J. Wiersma](#) (Speaker), [J. Ruwaard](#) (Speaker), [P. van Oppen](#) (Speaker), [J.H. Smit](#) (Speaker), [P. Cuijpers](#) (Speaker) & [H. Riper](#) (Speaker)

14 Nov 2013

Activity: Lecture / Presentation › Academic

[Power of the past: a randomized controlled trial testing the effectiveness of Life Review Therapy in advanced cancer patients](#)

[G. Kleijn](#) (Speaker), [B. Steunenberg](#) (Speaker), [E.T. Bohlmeijer](#) (Speaker), [I.C. Riepma](#) (Speaker), [R. de Bree](#) (Speaker), [C.R. Leemans](#) (Speaker), [A. Becker](#) (Speaker), [E.F. Smit](#) (Speaker), [A.M.E. Bruynzeel](#) (Speaker), [M. van der Vorst](#) (Speaker), [C.M. Eeltink](#) (Speaker), [M.W.M. van den Brekel](#) (Speaker), [P. Cuijpers](#) (Speaker) & [I.M. de Leeuw](#) (Speaker)

2013

Activity: Lecture / Presentation › Academic

[Happy@Work: Een studie naar de \(kosten\)effectiviteit van een internet begeleide zelfhulp-interventie voor werknemers met somberheidsklachten](#)

[A.S. Geraedts](#) (Speaker), [N. Wiezer](#) (Speaker), [A.M. Kleiboer](#) (Speaker), [P. Cuijpers](#) (Speaker) & [W. van Mechelen](#) (Speaker)

11 Apr 2012

Activity: Lecture / Presentation › Academic

[View all 26 activities >](#)

2014 Outstanding Research Award of the EMDR International Association (EMDRIA)

Cuijpers, Pim (Recipient), 2014

Prize > Academic

American Psychoanalytic Association's (APsaA) Scientific Paper Prize

Cuijpers, Pim (Recipient), 2014

Prize > Academic

Fellow of the Association for Psychological Science (APS)

Cuijpers, Pim (Recipient), 2016

Prize > Academic

Fellowship at the Australian National University in Canberra (from the APHCRI)

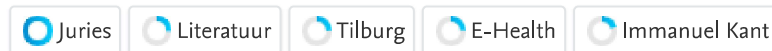
Cuijpers, Pim (Recipient), 2009

Prize > Academic

Jan van Dijk Victimology and Victims' Rights Award

Elbers, Nieke (Recipient), Akkermans, Arno J. (Recipient), Cuijpers, Pim (Recipient) & Bruinvels, D. J. (Recipient), 13 Oct 2014

Prize > Academic



[View all 7 prizes >](#)

Press / Media

Onderzoek naar e-coaching bij letselschadeslachtoffers. In: LetselschadeNEWS.

N.A. Elbers, A.J. Akkermans, P. Cuijpers & D.J. Bruinvels

1/01/11

Press/Media: Other

Succes online therapie lokt beunhazerij uit

P. Cuijpers

11/11/09

Press/Media: Other

Doelgroepcommunicatie, een hele kunst

P. Cuijpers

1/11/09

Press/Media: Other

Datasets

Supplementary Material for: The Accuracy of the Patient Health Questionnaire-9 Algorithm for Screening to Detect Major Depression: An Individual Participant Data Meta-Analysis

He, C. (Contributor), Levis, B. (Contributor), Riehm, K. E. (Contributor), Saadat, N. (Contributor), Levis, A. W. (Contributor), Azar, M. (Contributor), Rice, D. B. (Contributor), Krishnan, A. (Contributor), Wu, Y. (Contributor), Sun, Y. (Contributor), Imran, M. (Contributor), Boruff, J. (Contributor), Cuijpers, P. (Contributor), Gilbody, S. (Contributor), Ioannidis, J. P. A. (Contributor), Kloda, L. A. (Contributor), McMillan, D. (Contributor), Patten, S. B. (Contributor), Shrier, I. (Contributor), Ziegelstein, R. C. (Contributor), Akena, D. H. (Contributor), Arroll, B. (Contributor), Ayalon, L. (Contributor), Baradaran, H. R. (Contributor), Baron, M. (Contributor), Beraldi, A. (Contributor), Bombardier, C. H. (Contributor), Butterworth, P. (Contributor), Carter, G. (Contributor), Chagas, M. H. N. (Contributor), Chan, J. C. N. (Contributor), Cholera, R. (Contributor), Clover, K. (Contributor), Conwell, Y. (Contributor), DeMan-VanGinkel, J. M. (Contributor), Fann, J. R. (Contributor), Fischer, F. H. (Contributor), Fung, D. (Contributor), Gelaye, B. (Contributor), Goodyear-Smith, F. (Contributor), Greeno, C. G. (Contributor), Hall, B. J. (Contributor), Harrison, P. A. (Contributor), Härter, M. (Contributor), Hegerl, U. (Contributor), Hides, L. (Contributor), Hobfoll, S. E. (Contributor), Hudson, M. (Contributor), Hyphantis, T. N. (Contributor), Inagaki, M. (Contributor), Ismail, K. (Contributor), Jetté, N. (Contributor), Khamseh, M. E. (Contributor), Kiely, K. M. (Contributor), Kwan, Y. (Contributor), Lamers, F. (Contributor), Liu, S. (Contributor), Lotrakul, M. (Contributor), Loureiro, S. R. (Contributor), Löwe, B. (Contributor), Marsh, L. (Contributor), McGuire, A. (Contributor), Mohd-Sidik, S. (Contributor), Munhoz, T. N. (Contributor), Muramatsu, K. (Contributor), Osório, F. L. (Contributor), Patel, V. (Contributor), Pence, B. W. (Contributor), Persoons, P. (Contributor), Picardi, A. (Contributor), Reuter, K. (Contributor), Rooney, A. G. (Contributor), DaSilvadosSantos, I. S. (Contributor), Shaaban, J. (Contributor), Sidebottom, A. (Contributor), Simning, A. (Contributor), Stafford, L. (Contributor), Sung, S. (Contributor), Tan, P. L. L. (Contributor), Turner, A. (Contributor), VanWeert, H. C. P. M. (Contributor), White, J. (Contributor), Whooley, M. A. (Contributor), Winkley, K. (Contributor), Yamada, M. (Contributor), Thombs, B. D. (Contributor) & Benedetti, A. (Contributor), Unknown Publisher, 1 Jan 2020

DOI: [10.6084/m9.figshare.9949181.v1](https://doi.org/10.6084/m9.figshare.9949181.v1),

https://karger.figshare.com/articles/Supplementary_Material_for_The_Accuracy_of_the_Patient_Health_Questionnaire-9_Algorithm_for_Screening_to_Detect_Major_Depression_An_Individual_Participant_Data_Meta-Analysis/9949181/1

Dataset

Additional file 3: of Validation of online psychometric instruments for common mental health disorders: a systematic review

Ballegoijen, W. V. (Contributor), Riper, H. (Contributor), Cuijpers, P. (Contributor), Oppen, P. V. (Contributor) & Smit, J. (Contributor), Unknown Publisher, 25 Feb 2016

DOI: [10.6084/m9.figshare.c.3610856_d3.v1](https://doi.org/10.6084/m9.figshare.c.3610856_d3.v1),

https://springernature.figshare.com/articles/dataset/Additional_file_3_of_Validation_of_online_psychometric_instruments_for_common_mental_health_disorders_a_systematic_review/4361711/1

Dataset

Data from: Predicting optimal outcomes in cognitive therapy or interpersonal psychotherapy for depressed individuals using the Personalized Advantage Index approach

Arntz, A. (Contributor), Huibers, M. (Contributor), Cohen, Z. D. (Contributor), Lemmens, L. H. J. M. (Contributor), DeRubeis, R. J. (Contributor), Peeters, F. P. M. L. (Contributor) & Cuijpers, P. (Contributor), Unknown Publisher, 5 Oct 2016

DOI: [10.5061/dryad.m112v](https://doi.org/10.5061/dryad.m112v), <https://zenodo.org/record/4998883>

Dataset

Supplementary Material for: Cognitive-Behavioral Analysis System of Psychotherapy, Drug, or Their Combination for Persistent Depressive Disorder: Personalizing the Treatment Choice Using Individual Participant Data Network Metaregression

Furukawa, T. A. (Contributor), Efthimiou, O. (Contributor), Weitz, E. S. (Contributor), Cipriani, A. (Contributor), Keller, M. B. (Contributor), Kocsis, J. H. (Contributor), Klein, D. N. (Contributor), Michalak, J. (Contributor), Salanti, G. (Contributor), Cuijpers, P. (Contributor) & Schramm, E. (Contributor), Unknown Publisher, 1 Jun 2018

DOI: 10.6084/m9.figshare.6391226.v1, https://karger.figshare.com/articles/Supplementary_Material_for_Cognitive-Behavioral_Analysis_System_of_Psychotherapy_Drug_or_Their_Combination_for_Persistent_Depressive_Disorder_Personalizing_the_Treatment_Choice_Using_Individual_Participant_Data_Network_Metaregression/6391226/1

Dataset

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Furukawa, T. A. (Contributor), Efthimiou, O. (Contributor), Weitz, E. S. (Contributor), Cipriani, A. (Contributor), Keller, M. B. (Contributor), Kocsis, J. H. (Contributor), Klein, D. N. (Contributor), Michalak, J. (Contributor), Salanti, G. (Contributor), Cuijpers, P. (Contributor) & Schramm, E. (Contributor), Unknown Publisher, 1 Jun 2018

DOI: 10.6084/m9.figshare.6391226.v2, https://karger.figshare.com/articles/Supplementary_Material_for_Cognitive-Behavioral_Analysis_System_of_Psychotherapy_Drug_or_Their_Combination_for_Persistent_Depressive_Disorder_Personalizing_the_Treatment_Choice_Using_Individual_Participant_Data_Network_Metaregression/6391226/2

Dataset

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